



# Carr Junior School

AIM HIGH, SHINE BRIGHT!

W/C 28th NOVEMBER 2022 WEEKLY NEWSLETTER



## Hello

This week we have been incredibly proud of our Year 3 Carr Stars as they visited Acomb Explore Library and behaved so impeccably that the library staff emailed us to say how wonderful the children had been! Next week, it is Year 4's turn to visit the library - we hope they will enjoy it just as much. Today, we will be celebrating the start of the festive period with our Christmas Fair. I would like to say a big thank you in advance to FOCS for organising the event and supporting our schools. Also, a big thank you to all the parents / carers for donating their money and prizes to support our schools. I hope to see lots of you there. Take care and have a lovely weekend.

Mrs Kerr

## Improving our School

This week, I have been working alongside the Wellbeing In Mind Team to finalise our Wellbeing and Mental Health Policy. The new policy will be shared with our Local Governing Body early in the Spring term and shared with staff and parents after that. Our school also hosted and attended an ELSA training event earlier this week.

## Health & Safety and Safeguarding

Please could we ask that parents inform us in advance of appointments children are attending during school time. If children are going to be late or collected early as a result of an unavoidable appointment, please could parents make us aware of this either by popping into the office, sending an email or giving us a call. Thank you.

## Your Views

Many thanks to all parents / carers who gave a few minutes of their time to fill in our parent survey. I will be reviewing the responses along with the wider Senior Leadership Team over the next couple of weeks and will publish the results and response following this.

## Reminders for Next Week

- Year 4 will be visiting Acomb Explore Library on Monday 5th December in the morning. Please ensure they are wearing a suitably warm and waterproof coat and comfortable shoes for their walk into Acomb. Thanks.
- Tickets for the Carol Concerts will be available from next week (see dates below). We will send a letter confirming how to get your tickets on Monday 5th December.
- If your child would like a Christmas Dinner, please could you book this on School Grid by Tuesday 6th December to help the kitchen staff to order the correct amount of food.

## Mr Gray's handy hints to keep our children safe online!

With the Christmas break fast approaching I thought I could direct you towards some excellent advice about screen time. Screen time can offer children opportunities to learn and develop new skills at the touch of a button; but like anything, too much of it can have a negative effect on their wellbeing.

<https://www.internetmatters.org/issues/screen-time/>



## Y6 Non-uniform for the Orangutan Foundation



Year 6 will be holding a non-uniform day, just for Year 6 pupils, on Wednesday 7th December in order to raise money for their global charity 'Orangutan Foundation'. Each class is hoping to adopt an orangutan. The children can bring in a donation towards this, depending on what they can afford.

## Advance Christmas Dates!

We know that this time of year starts to get very busy so here are a few dates to put in the diary.

***Tuesday 6th December - Christmas Family Bingo session (after school)***

***Monday 12th - Thursday 15th December - Christmas Dinners / Parties (more details to follow)***

***Monday 12th December - Christmas Day Craft activities all day***

***Tuesday 13th December - Surprise Festive visitors here all morning***

***Wednesday 14th December 9.30am - Whole School Carol Concert Performance 1 (Y3/4 parents)***

***Thursday 15th December 9.30am - Whole School Carol Concert Performance 2 (Y5/6 parents)***

We will be in touch over the coming weeks about what children may want to wear or may need to bring for each of the events above. Let us know if you have any questions.

Thank you.

Dear Parents,

We would like to give the children the opportunity to have their artwork sent into space! If your child would like to enter, please complete a piece of art on A4 linked to the theme 'Breaking Boundaries in Space - Which historical pioneers inspire you?' It must be an original piece and can be a drawing, painting or mixed-media. One entry per child. Pieces of art need to be returned to school by Friday 9th December in order for us to scan and upload them before the deadline.

Mrs McClure

**ART**   
**IN THE STARS**  
 **SPACE FOUNDATION**

Sponsored by  **BOEING**

**Send your artwork to Space!**  
Student Art Showcase

**Breaking Boundaries in Space**  
**Oct. 4 - Dec. 16, 2022**  
**Ages: 3-18**

Submissions should answer the question, "Which historical space pioneers inspire you?" Consider the diverse historical figures who broke boundaries to become a "first" or blazed trails for those who came after them.



3H - ADELAIDE W  
3P - ALFIE K  
4A - HANNAH R  
4KG - ALEX S-F  
4T - CHARLES L  
5H - ISLA C  
5M - WILLIAM M  
6F - EMILY M  
6J - MAXWELL Y  
6MW - CERYS A

3H - OLIVER M  
3P - ALEX W  
4A - JOEY C  
4KG - AMELIA S  
4T - OLLIE T  
5H - BEATRICE S  
5M - JESSICA F  
6F - ABIGAIL F  
6J - PHOEBE T  
6MW - MILO S



ALEX W 3P  
MALIK B 3P  
ALL OF 4A  
GEORGE W 4A  
AJAY A 4A  
HANNAH S 4T  
SADIE S 4T  
LUCAS C 4T

## Attendance

3H - 91.87%  
 3P - 94.38%  
 4A - 93.85%  
 4KG - 87.14%  
 4T - 92.50%  
 5H - 90.97%  
 5M - 91.29%  
 6F - 87.54%  
 6J - 94.00%  
 6MW - 97.93%



## TTRockstars

Here is this weeks top 10!

# Leaderboard

Rank	Name	Group	Rock Status	Studio speed 7 days ago
1	Lincoln N.	3P	Wannabe	13.64
2	Jocelyn L.	4K	Wannabe	13.04
3	Evelyn R.	4K	Rock Star	3.19
4	Emilia H.	4K	Headliner	3.68
5	Charlie W.	4K	Headliner	3.64
6	Fatima Azzahra M.	4K	Rock Star	3.24
7	George M.	4K	Rock Star	2.83
8	Imogen H.	4A	Rock Star	2.80
9	James F.	3P	Wannabe	10.34
10	George W.	4A	Rock Legend	2.09

Rank	Name	Group	Rock Status	Studio speed 7 days ago
1	Nancie-Lou H.	6J	Headliner	7.89
2	Isabel K.	6MW	Breakthrough Artist	8.22
3	Eryn B.	6F	Rock Legend	4.08
4	Dylan G.	5M	Garage Rocker	9.23
5	Lily C.	6MW	Rock Star	4.51
6	Max D.	6MW	Rock Legend	2.73
7	Blake S.	6J	Rock Legend	2.78
8	Emily T.	6MW	Unsigned Act	5.61
9	Aisyah Humaira M.	6MW	Headliner	4.44
10	Samuel W.	4T	Unsigned Act	7.79

# Christmas at Carr

## Friday 25th November

Non Uniform day for donations to FOCS Christmas Fair Raffle

## Friday 2nd December

FOCS Christmas Fair (after school)

## Tuesday 6th December

Christmas Family Bingo (after school)

## Monday 12th December

Christmas Craft activities day

## Monday 12th - Thursday 15th December

Christmas Dinners / Parties

## Tuesday 13th December

Surprise festive visitors at school all morning

## Wednesday 14th December

9.30am - Whole School Carol Concert - Performance 1 (Y3&4 Parents)

## Thursday 15th December

9.30am - Whole School Carol Concert - Performance 2 (Y5&6 Parents)



# THE CARR PANTRY

AS A SCHOOL WE ARE AWARE THAT THE CURRENT PRESSURES ON SOME FAMILIES IS STARTING TO HAVE AN IMPACT ON OUR COMMUNITY. FROM SEPTEMBER WE WOULD LOVE IT IF YOU COULD HELP US TO SUPPORT THOSE WHO MAY NEED IT BY DONATING (IF YOU CAN) TO 'THE CARR PANTRY'.

THIS IS FREE TO ACCESS FOR ALL OF OUR CARR FAMILIES THROUGHOUT SCHOOL HOURS. FOOD WILL BE AVAILABLE TO COLLECT FROM THE SCHOOL RECEPTION AREA, EITHER OUTSIDE THE DOORS UNDER THE PORCH (WEATHER PERMITTING) OR INSIDE THE RECEPTION AREA.

IF YOU ARE ABLE TO DONATE ANY NON-PERISHABLE ITEMS TO THE PANTRY, PLEASE LEAVE THEM IN ONE OF THE BOXES NEXT TO THE PANTRY SHELVES.

## WE ACCEPT:

- TINNED PRODUCE (VEGETABLES, FRUIT, PULSES, FISH ETC)
- LONG LIFE MILK
- TOILETRIES
- CLEANING MATERIALS



\*\*FOR STORAGE AND STOCK ROTATION REASONS PLEASE DO NOT DONATE ANY FRESH OR PERISHABLE FOOD ITEMS\*\*

# Festive Scratchcard

## How would you like to win £100?

We are running a fundraising scratchcard for the festive season.

We have 100 squares to fill, who can correctly guess how many presents Jimmy received?

Entries are £2 a square with the £200 prize total to be split between school funds and the lucky winner!

£100 right before christmas?! Yes please!

Pay for and choose your square at the school office or alternatively, you can buy a square at the Christmas Bingo evening on the 6th December.

Once all of the squares are filled, we will scratch off the panel to reveal the answer and contact the winner!



*\*As this is a scratchcard with money involved, we can only sell a square to an adult\**

*\*image for illustrative purposes only\**



## Carr's Christmas Bauble Bonanza!

We invite you to get in the festive flow and decorate a wooden bauble however you would like...the only catch, it must be Christmas themed! Paint, glitter, pen, ribbon, traditional, modern...you decide! There will be one winner per year group.

Let your creativity shine!

Entries to be handed into the office by Monday 12th December with the winners to be announced Thursday 15th December.

Baubles can be purchased via Parentpay for £2 each.



## Wellbeing In Mind Team - December update

The evenings have now turned darker, and the weather is getting colder, and it is really important for our mental wellbeing that we are taking extra care of ourselves. Christmas is also fast approaching and although this is an exciting time for a lot of people, it isn't for some. Sometimes people may not be feeling festive for all sorts of reasons and its ok to feel how you do. Below are a few tips to look after yourself over the festive break:

- Stay active – physical activity can really help with keeping your mood positive – whether this is walking, cycling or playing football...
- Get enough sleep – sleep is vital for our wellbeing so try not to skimp on it!
- Give yourself space – if it's all getting a bit too hectic, take time out to be in nature, listen to your favourite music, or read a book.
- Eat regular meals – it can be tempting to overdo it at Christmas but keeping your routine with plenty of fruit and veg and water is so important.
- Stay supported – it is easy to feel lonely at Christmas so stay connected to your sources of support and if you are not sure where to turn, we've listed some service that can support you below.

<a href="#"><u>Shout</u></a>	Shout is a 24/7 UK crisis text service available for times when people feel they need immediate support.	Free, 24/7 mental health text support in the UK   Shout 85258 (giveusashout.org)  Text - 'SHOUT' to 85258)
<a href="#"><u>The Samaritans</u></a>	Samaritans offer 24-hour, confidential emotional support service for anyone in distress.	Call - 116 123 Email – jo@samaritans.org  Letter writing service and self help app.
<b>TEWV CAMHS Crisis Line</b>	Open 24 hours for young people up to 18 who are experiencing mental health crisis.	Phone - 0800 0516 171
<b>Young Minds Crisis Messenger</b>	A 24 hour messaging service for young people who are in a mental health crisis.	Text - YM to 85258

We hope that you all have a lovely break, and we look forward to seeing you in the school in the New Year.

**The Wellbeing in Mind Team**



**MINI ATHLETICS**  
**SUPERSTAR HOLIDAY CAMP**

**The Mini Athletics Superstar Holiday Camp**

**Monday 19<sup>th</sup> – Wednesday 21<sup>st</sup> December**  
Manor Church of England Academy  
8.30am -12.30pm

Open to children in Reception, Year 1, Year 2 and Year 3  
£15 per child per day

**FREE PLACES** for children who are in receipt of benefits related free school meals through the Government's Holiday Activities and Food (HAF) programme.  
Email [rwilson@miniathletics.com](mailto:rwilson@miniathletics.com) to book your free place

All children will receive a healthy breakfast and packed lunch.  
To book your place go to [www.miniathletics.com/holiday-camps](http://www.miniathletics.com/holiday-camps)

**THE SUPERSTAR HOLIDAY CAMP**



[www.miniathletics.com](http://www.miniathletics.com)



**BAG 2 SCHOOL**  
**FREE FUNDRAISING FOR SCHOOLS**  
In partnership with your school or organisation



**Carr Junior School**

**Your own clothes**

Bag 2 School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.

**Your own bags**

By using this paper leaflet we are helping to reduce unnecessary extra plastic. Please use your own bag or bags (there is no limit). The leaflet is FSC accredited, please recycle it.

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

*We are collecting good quality items for RE-USE:*  
**Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.**  
(No uniforms, workwear, pillows, duvets or pieces of fabric please)

**The more we weigh the more we pay!**  
*Extra bags are welcome - there's no limit*

**Please return your Bag2School on:**

**Wednesday 7 December 2022 by 9am**




01609 780 222    [www.bag2school.com](http://www.bag2school.com)    [helpdesk@bag2school.com](mailto:helpdesk@bag2school.com)

**Secret Santa Stalls**

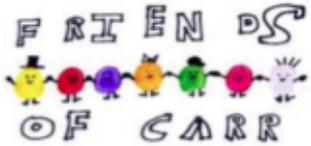
PRE-WRAPPED GIFTS TO PURCHASE FOR CHRISTMAS

<p><b>INFANTS</b></p> <p><b>AFTER SCHOOL</b></p> <p><b>TUESDAY 6TH DECEMBER</b></p> <p><b>WEDNESDAY 7TH DECEMBER</b></p>	<p><b>JUNIORS</b></p> <p><b>LUNCHTIME</b></p> <p><b>WEDNESDAY 7TH DECEMBER</b></p> <p><b>THURSDAY 8TH DECEMBER</b></p>
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**All items £2.50 each**




**FRIENDS OF CARR**



## TIME OUT FOR PARENTS: HANDLING ANGER IN THE FAMILY

4 Monday sessions  
Starting 16th Jan 2023  
12.45 - 2.45pm  
Clifton Children's Centre,  
Kingsway North, York,  
YO30 6BF



**family**  
matters\_york

This course, led by trained facilitators, will help you to better understand, recognise and manage anger in your family and give you the chance to share your own thoughts and ideas. You will quickly see you're not alone!  
For more info contact Jen Wootten  
Tel: 07393 147259  
Email: [jenwootten@fmy.org.uk](mailto:jenwootten@fmy.org.uk)

## TIME OUT FOR PARENTS: HANDLING ANGER IN THE FAMILY

4 Thursday sessions  
Starting 12th Jan 2023  
7.30 - 9.30pm  
Barnabas Centre  
Salisbury Terrace, York  
YO26 4XP



**family**  
matters\_york

This course, led by trained facilitators, will help you to better understand, recognise and manage anger in your family and give you the chance to share your own thoughts and ideas. You will quickly see you're not alone!  
For more info contact Jen Wootten  
Tel: 07393 147259  
Email: [jenwootten@fmy.org.uk](mailto:jenwootten@fmy.org.uk)

## TIME OUT FOR PARENTS: CHILDREN WITH ADDITIONAL NEEDS

5 Thursday sessions  
Starting 12th January 2023  
9.30 - 11.30 am  
St Lawrence's CE Primary  
School  
Heslington Road, York  
YO10 5BW



**family**  
matters\_york

Come along and share ideas and experiences with other parents. Learn from each other and from our evidence-based course material. Understand more about some of the particular issues involved in parenting a child with additional needs, helping you and your child to thrive.  
For more info contact Jen Wootten  
Tel: 07393 147259  
Email: [jenwootten@fmy.org.uk](mailto:jenwootten@fmy.org.uk)

## TIME OUT FOR PARENTS: THE PRIMARY YEARS

5 Thursday sessions  
Starting 12th Jan 2023  
7:15 - 9pm  
Online via Zoom



**family**  
matters\_york

Join us in discovering ways to better support your child as they grow. This course uses evidence based information which will help you understand your child as they begin to learn how the world works and how to manage their feelings. It's a great opportunity to share ideas with other parents and learn that you're not alone!

To book a place or for more information contact Jen Wootten  
Email: [jenwootten@fmy.org.uk](mailto:jenwootten@fmy.org.uk) Tel: 07393 147259