



**CARR JUNIOR
SCHOOL**

Aim High, Shine Bright



SUN PROTECTION POLICY

CARR JUNIOR SCHOOL

Date of policy:

To be reviewed:

Sun Protection

At Carr Junior School, we want staff and pupils to enjoy the sun safely. Our policy is based on the SunSmart guidelines from UK Cancer Research. We will work with staff, pupils and parents to achieve this through:

Education: these measures are in place from now on:

- All pupils will discuss how to stay safe in the sun in class
- We will talk about how to be safe in the sun in assemblies at the start of the summer term
- Parents and guardians will be sent reminders about sun protection as necessary
- Staff will be reminded about sun protection at the start of the Summer Term and prompted to talk to pupils

Protection:

Shade:

- The school will seek ways of improving the amount of shade where possible
- The trees and outdoor classroom can be used as shade
- There are shady areas on the playground

Timetabling:

- The school will endeavour to timetable school sports days for mornings
- The school will try to ensure that children are not exposed to sun (strong UV) during lunchtimes and afternoon PE sessions for more than 20 minutes without shade break

Clothing:

- Parents will be encouraged to send their child to school with suitable sun hats
- Parents will be asked to dress children in suitable clothing- avoiding sleeveless tops
- Sports t-shirts should not be sleeveless and we recommend sleeved garments where possible

Sunscreen:

- We cannot currently supply sunscreen to all pupils on a daily basis because of cost
- We encourage parents to apply 8 hour sunscreen before school starts if possible
- Sunscreen will be encouraged on school trips and staff will be provided with extra sunscreen in case children forget their own
- If children wish to bring top up sunscreen we recommend children bring a solid sunstick for simple and easy application. We do not wish children to bring cream or aerosol for reasons of safety. (Boots sell a very well-priced stick – others available)

We will monitor and review this policy biannually.