



Being Me in My World

Jigsaw PSHE Autumn 1 - Being Me In My World (Y5)

This term, the Jigsaw unit we will be covering in PSHE is 'Being Me In My World'. This unit is concerned with being both ourselves and parts of different communities, exploring rights, rules, fairness and self-worth. The 'puzzle pieces' explored are detailed below, as is the core vocabulary we will be teaching and using.

In this Puzzle (unit) the children think and talk about the year ahead, goals they could set for themselves as well as the challenges they may face. They learn and talk about their rights and responsibilities as a member of their class, school, wider community and the country they live in. The children talk about their own behaviour and its impact on a group as well as choices, rewards, consequences and the feelings associated with each. They also talk about democracy, how it benefits the school and how they can contribute towards it. They revisit the Jigsaw Charter and set up their Jigsaw Journals.

Puzzle Pieces (lessons)

1. My year ahead (facing new challenges positively, discussing hopes and goals).
2. Being a citizen in my country (understanding rights and responsibilities, empathising with fellow citizens in different circumstances).
3. Responsibilities (understanding rights and responsibilities, empathising with fellow citizens in different circumstances).
4. Rewards and consequences (making appropriate behaviour choices, understanding how rewards and consequences feel).
5. Our learning charter (how individuals' behaviour impact a group).
6. Owning our learning charter (democracy within the school community).

Vocabulary

Challenge, Goal, Attitude, Actions, Rights and Responsibilities, United Nations Convention on The Rights of the Child, Citizen, Choices, Consequences, Views, Opinion, Collaboration, Collective Decision, Democracy.

Jigsaw, the mindful approach to PSHE is a progressive and spiral scheme of learning. In planning the lessons, Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate.