



## Jigsaw PSHE Spring 1 - Dreams and Goals (Y5)

This term, the Jigsaw unit we will be covering in PSHE is 'Dreams and Goals'. This unit is focused around our dreams, goals and ambitions, along with challenges we may face on our paths to achievement. The 'puzzle pieces' explored are detailed below, as is the core vocabulary we will be teaching and using.

In this Puzzle the class talk about their dreams and goals and how they might need money to help them achieve them. They look at jobs that people they know do, they look at the fact that some jobs pay more money than others and reflect on what types of jobs they might like to do when they are older. The children look at the similarities and differences between themselves (and their dreams and goals) and someone from a different culture.

### Puzzle Pieces (lessons)

1. When I Grow Up (identifying a lifestyle we would like, understanding the role of money in achieving aims).
2. Investigate Jobs and Careers (learning about jobs, appreciating the work of others and exploring earnings).
3. My Dream Job: Why I Want It and Steps To Get There! (Identifying the job we'd like to do, why and how might we achieve it?)
4. Dreams and Goals of Young People in Other Cultures (describing the dreams/goals of others and comparing to our own).
5. How Can We Support Each Other? (recognising similarities/differences, supporting others).
6. Rallying Support (encouraging each other to support others and be motivated to make a positive contribution).

### Vocabulary

Dream, Hope, Goal, Feeling, Achievement, Money, Grown Up, Adult, Lifestyle, Job, Career, Profession, Money, Salary, Contribution, Society, Determination, Perseverance, Motivation, Aspiration, Culture, Country, Sponsorship, Communication, Support, Rallying, Team Work, Cooperation, Difference.

Jigsaw, the mindful approach to PSHE is a progressive and spiral scheme of learning. In planning the lessons, Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate.