



Dreams & Goals

Jigsaw PSHE Spring 1 - Dreams and Goals (Y6)

This term, the Jigsaw unit we will be covering in PSHE is 'Dreams and Goals'. This unit is focused around our dreams, goals and ambitions, along with challenges we may face on our paths to achievement. The 'puzzle pieces' explored are detailed below, as is the core vocabulary we will be teaching and using.

In this Puzzle the class talk about their own strengths and further stretching themselves by setting challenging and realistic goals. They discuss the learning steps they'll need to take as well as talking about how to stay motivated. The children explore various global issues and explore places where people may be suffering or living in difficult situations - whilst doing this they reflect on their own emotions linked to this learning. The class also talk about what they think their classmates like and admire about them as well as working on giving others praise and compliments.

Puzzle Pieces (lessons)

1. Personal Learning Goals (identifying own strengths, stretching ourselves, setting challenging but realistic goals).
2. Steps to Success (identifying steps to achieve a goal and setting success criteria).
3. My Dreams for the World (discussing problems in the world, recognising own emotions when discussing difficult things, empathising).
4. Helping to Make a Difference (empathising with others, working to make the world a better place).
5. Helping to Make a Difference (describing how we might make the world a better place and why we are motivated to do this).
6. Recognising Our Achievements (accepting praise, recognising and complimenting achievements in others).

Vocabulary

Dream, Hope, Goal, Learning, strengths, Stretch, Achievement, Personal, Realistic, Unrealistic, Feeling, Success, Criteria, Learning steps, Money, Global issue, Suffering, Concern, Hardship, Sponsorship, Empathy, Motivation, Admire, Respect, Praise, Compliment, Contribution, Recognition.

Jigsaw, the mindful approach to PSHE is a progressive and spiral scheme of learning. In planning the lessons, Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate.