CARR JUNIOR SCHOOL

Executive Principal: Mr James McGann

Head of School: Mrs Laura Winston

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Dear Parent/Carer,

We are writing to inform you of an important aspect of our Relationships Education curriculum at Carr Junior School. As part of our wider personal, social, health and economic education programme, pupils may receive age-appropriate teaching about friendships, families, respect, growing bodies, puberty and body changes. We recognise that some aspects of this teaching may be sensitive for families, and we wish to ensure that you are fully aware of your rights.

Under current guidance in England, parents have the right to request that their child be withdrawn from sex education elements that go beyond the statutory primary curriculum. In primary school, sex education is not compulsory, although teaching about relationships, puberty and body changes is part of the curriculum and remains appropriate for all pupils. There is no right to withdraw from the relationships, health or science elements of the curriculum, as these remain statutory.

Please see below for a copy of the PSHE curriculum with the aspects of the sex education curriculum that will be taught next half term .The lessons (pieces) for Year 3 and 4 are statutory and therefore you are unable to withdraw your child from any content

Ages 7-8 Year 3	Piece 1 How Babies Grow	• I understand that in animals and humans lots of changes happen from birth to fully grown, and that in mammals it is the female who has the baby • I can express how I feel when they see babies or baby animals
	Piece 2 Outside Body Changes	• I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies • I can identify how boys' and girls' bodies change on the outside during this growing up process • I recognise how I feel about these changes happening to me and know how to cope with those feelings
	Piece 3 Inside Body Changes	• I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up (introduce vocab sperm, ovaries, egg, Ovum/ Ova, womb/uterus, vagina and period) • I recognise how I feel about these changes happening to me and know how to cope with these feelings

	Piece 4 **Keeping Ourselves Clean**	• I understand that as boys' and girls' bodies change at puberty, they need to think more about keeping clean and healthy • I know some simple ways of keeping clean which can keep me healthy and protect me from some infections • I have started to think about the ways to keep my body clean as I grow up and how I feel about this
Ages 8-9 Year 4	Piece 2 Puberty and Menstruation	• I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this • I have strategies to help me cope with the physical and emotional changes I will experience during puberty **Note – teachers will also recap the puberty learning for both girls and boys from year 3 and revisit some of the content if required.**
	3. Being Part of a Family	• I know there are many types of family and that often our family members form part of our inner circle • I know there are trusted people I can turn to if I need help and support as I grow up and go through puberty • I recognise that sometimes I may feel anxious about growing up and this is natural, and can identify people who can support me with this

School RSE Curriculum
Further information about the resources that we use within school can be found on the Jigsaw website here.

If you are considering withdrawing your child from any additional sex education content, we encourage you to contact us to discuss any concerns and to gain a clear understanding of the content being taught. We believe that open communication between home and school is important, and we are happy to provide further information about lesson content, learning objectives, and the age-appropriate resources used.

If you decide to make a withdrawal request, please do so in writing to (Headteacher). We will acknowledge your request and arrange a meeting if helpful.

If you have any further questions, please contact your child's teacher, Laura Winston or Miss Bedda via the office.

Thank you for your continued support and partnership in your child's education.

Kind regards,

Laura Winston and Miss Bedda
Head of school and PSHE / RSE Lead