CARR JUNIOR SCHOOL

Executive Principal: Mr James McGann

Head of School: Mrs Laura Winston

Carr Junior School
Ostman Road, Acomb
York YO26 5QA

T: 01904 798996
E: admin@carrjunior.elt.org.uk
www.carrjunior.co.uk

04 June 2026

Dear Parent/Carer,

We are excited to inform you that our school will be hosting a Tough Runner event for all classes! This exciting and unique obstacle course experience will be held on Monday 22nd June and we are thrilled to give our pupils the opportunity to participate in a fun and active day designed to build confidence, resilience, and teamwork.

What is Tough Runner?
Tough Runner is a professionally run, age-appropriate obstacle course similar to the popular "Tough Mudder" the children will have the chance to tackle 15 challenging obstacles designed to challenge and engage them in physical activities that promote resilience, problem-solving, and physical fitness.

Key Details:

- Date: Monday 22nd June
- Each Year group will have a different time slot. The event will run all day.
- School field
- Sponsorship: Attached below. We are supporting the charity 'The Red Cross

What to Bring:

- Pupils should come dressed in suitable sportswear
- Bring a change of clothes
- a towel, as things are likely to get muddy!
- We also recommend bringing a water bottle and suncream.

Why Tough Runner?
This event is not only about physical fitness; it's a great opportunity for the children to develop important life skills such as resilience, determination, and teamwork. The course is designed to be challenging but achievable, ensuring that every child can participate and feel proud of their achievements.

If you have any questions about the event or need further information, please do not hesitate to contact the school office for the attention of Miss Bedda.

We look forward to a fantastic day of fun, fitness, and mud!

Best regards,
Miss Bedda
PD leader and Associate Senior Leader

EXCEL LEARNING TRUST
Excel Learning Trust is a charitable company limited by guarantee registered in England and Wales.
Registered office: Summerfield Road, York YO24 2RU. Company number: 10067116. www.excellearningtrust.org.uk
MEMBER OF Confederation of School Trusts

PLEASE SPONSOR MY

TOUGH RUNNER

CHILD'S NAME	
WE'RE RAISING FUNDS FOR	
MY FUNDRAISING TARGET IS	

TOUGH RUNNER IS A MOBILE MUD RUN AND OBSTACLE COURSE FOR CHILDREN. PLEASE SPONSOR ME TO COMPLETE THE TOUGH RUNNER COURSE

NO	NAME	DONATION	TOTAL	SIGNATURE
1				
2				
3				
4				
5				
6				
7				
8				
9				

Please note that all sponsorship funds collected are managed and collected by the participating organisation, not Tough Runner. The organisation is responsible for ensuring all funds raised are appropriately handled and distributed according to their policies.
Tough Runner is not involved in the collection or management of sponsorship money.

WWW.TOUGH-RUNNER.COM

EXCEL LEARNING TRUST

Excel Learning Trust is a charitable company limited by guarantee registered in England and Wales.
Registered office: Summerfield Road, York YO24 2RU. Company number: 10067116. www.excellearningtrust.org.uk

MEMBER OF Confederation of School Trusts