CARR JUNIOR SCHOOL

Executive Principal: Mr James McGann

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29 September 2026

Dear Parent/Carer,

Re: Important Updates to School Medication and First Aid Procedures

We are writing to inform you of some important updates regarding our medication administration and first aid procedures at school. These changes have been put in place to ensure the health, safety, and well-being of all our pupils, as well as to streamline our communication with families.

Please read through the updated guidelines below carefully:

- **Paracetamol / Calpol:** School is no longer able to provide Calpol or paracetamol to pupils. If your child requires Calpol during the school day, you will need to fill in a medication consent form and supply the Calpol directly to school. Medication forms are available at the school office. Please note that Calpol can only be administered at school for up to a maximum of 3 consecutive days.

- **Asthma Inhalers:** If your child requires an asthma inhaler in school, it must be provided in its original pharmacy box with the prescription label clearly visible. If your child currently has an inhaler in school that does not have the original labelled box, a member of staff will contact you shortly to request one.

- **Individual Health Care Plans & Communication (Arbor):** Allergy, Asthma, and Individual Health Care Plans will now be accessible via the Arbor app. If there are any updates or changes to your child's medical needs, please send us an email, or speak directly with a member of the admin team or our Medical Lead, Mrs Goliger.

- **Antibiotics:** School will only be able to administer prescription antibiotics if they are required **four times a day**. If your child has been prescribed antibiotics three times a day, these can be managed around the school day and should be administered at home (e.g., before school, after school, and at bedtime).

- **Head Bump Notifications:** Moving forward, all notifications regarding head bumps will be sent directly to parents and carers via the Arbor app rather than through paper slips and phone calls. Children will also come home wearing a bumped head wristband. If required, for more serious headbumps, you will receive a phone call from the school office. How to read in app messages on Arbor.

- **Inhaler Usage Notifications:** If your child has needed to use their asthma inhaler during the school day, they will receive a sticker to wear home so that you are immediately aware.

- **New medical information:** We ask that you continue to keep your child's medical needs up to date on the Arbor app and if required provide us with hospital letters, care plans and any other relevant information.

We appreciate your co-operation and support in implementing these new updates. If you have any questions or require assistance with the Arbor app, please do not hesitate to contact the school office or Mrs Goliger.

Many thanks

Mrs Goliger
Vice Principal and SENCo